

THANK YOU FOR REGISTERING FOR

## CARE IN THE LONG TERM IN NORTH CAROLINA

6TH BIENNIAL LONG TERM CARE  
POLICY CONFERENCE & ADVOCACY DAY  
MAY 11-12, 2009

### Conference Sponsors

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Term Care

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June Brotherton

We are delighted you will be attending the Long Term Care Policy Conference and Advocacy Day co-sponsored by a coalition of aging and disability organizations. Following, you will find some information that may be helpful as you plan for the event:

#### PLAN TO MEET YOUR LEGISLATOR

It is always exciting to be active in your government and to really make a difference! To ensure yourself a most positive and effective Advocacy Day, we recommend contacting your legislators in advance to set up an appointment. They should be contacted both at home and at their Raleigh office. You can follow up with an email, but please do make a phone call. To locate your legislators, visit the General Assembly website at [www.ncleg.net](http://www.ncleg.net) and go to "Representation." In the evening on Monday, May 11, the Legislature will be in session and this will be an excellent opportunity to see your government in action and to also meet up with your legislators to further confirm or establish appointments for the next day.

On Monday, May 11, there will be a session on How-Tos of an Effective Advocate, which you are encouraged to attend. This session will educate on the legislative process as well as techniques for speaking effectively with legislators. If you are unable to attend the Effective Advocate session, talking points and a tip sheet will be available on Tuesday morning at the AM Legislative Calendar briefing.

#### LOCATION AND PARKING FOR MAY 11 POLICY CONFERENCE NC ASSOCIATION OF EDUCATORS (NCAE) BUILDING

The Long Term Care Policy conference on May 11 will be held at the NC Association of Educators Building at 700 South Salisbury Street (corner of South & Salisbury Streets) in downtown Raleigh. Parking is available in the public parking deck across South Street. Limited parking is also

Conference Coalition/  
Steering Committee

AARP of North Carolina

Alzheimer's Association-  
Eastern NC Chapter

Carolinas Center for Hospice  
and End of Life Care

Friends of Residents in Long  
Term Care

Hospice of Wake County

Mental Health Association in  
NC

National MS Society - Eastern  
NC Chapter

NC Adult Day Services  
Association

NC Adult Foster Care  
Association

NC Association of Area  
Agencies on Aging

NC Association of Long Term  
Care Facilities

NC Coalition on Aging

NC Regional Long Term Care  
Ombudsman Program

NC State Long Term Care  
Ombudsman Program

available at NCAE and on surrounding streets. Detailed directions are available at: <http://www.ncae.org/cms/Directions+to+NCAE/110.html>

**LOCATION AND PARKING FOR MAY 12 ADVOCACY DAY  
NC LEGISLATIVE BUILDING**

May 12th Advocacy Day will take place at the NC Legislative Building (General Assembly) at 16 West Jones Street in downtown Raleigh. Detailed directions to the legislative building and parking are available at: <http://www.ncga.state.nc.us/help/directions.html>.

**TRANSPORTATION**

Free downtown transportation will be provided via R-Line. This free circulator bus service features hybrid electric, wheelchair accessible buses that will connect you to restaurants, retail, entertainment venues, museums, hotels and parking facilities in downtown Raleigh. Buses run every 10-15 minutes, so it's a great way to get around downtown. Information and maps will be provided to you at the conference. Route maps are also available at [www.godowntownraleigh.com/get-around](http://www.godowntownraleigh.com/get-around).

**LODGING IN DOWNTOWN RALEIGH**

Blocks of rooms have been reserved for conference attendees at the following downtown Raleigh hotels. For other lodging options please visit: [www.godowntownraleigh.com](http://www.godowntownraleigh.com) or [www.visitraleigh.com](http://www.visitraleigh.com)

**Clarion Hotel State Capitol**

320 Hillsborough Street  
\$75 conference rate (call for state employee rates)  
(919) 832-0501  
[www.raleighclarion.com](http://www.raleighclarion.com)

**Sheraton Raleigh Hotel**

421 South Salisbury Street  
\$109 conference rate (call for state employee rates)  
(919) 834-9900  
[www.sheraton.com/raleigh](http://www.sheraton.com/raleigh)

**CONTACT US**

If we can be of assistance please contact Donna Mehr at 919.782.1530, or 1-800-411-7571 or email us at [friends@forltc.org](mailto:friends@forltc.org). Access information online at [www.forltc.org](http://www.forltc.org).